

## February 2025 Newsletter

### CHFT Macmillan Information and Support Service

#### Remembering Jeff:

For those of you who have been supported by the service for a while, I am sure you will have met Jeff Goodman, one of our dedicated volunteers. Sadly, Jeff died following a short illness in December 2024.

Jeff played a key role in supporting patients, carers and professionals through volunteering in our centres for over 7 years. In addition to this Jeff spent hours selflessly raising a considerable amount of funds for several charities, including Macmillan.

As a mark of respect, we will shortly be hosting a memorial service for Jeff in the Chapel at Huddersfield Royal Infirmary. We are awaiting confirmation of the date and time of the service, but if you would like to attend, please can you email or telephone the service so we can share the details once they are known.



On the Tuesday 4th February we will be marking World Cancer Day within our hospitals where we will be providing a host of useful information and resources, including some myth busters about cancer.

You'll be able to find us at the entrance of both Huddersfield Royal Infirmary and Calderdale Royal Hospital from 9:30am – 3:30pm. Please do stop and say hi, if you're passing.

**Cancer Support UK** offers practical and emotional support to people across the UK with cancer, during and after their treatment period.

Offering specialised support in the form of a digital e-learning programme, peer support group and workshop to patients post treatment. For more information or to book a place please visit <https://cancersupportuk.org/> or call 020 3983 7616.



### An Exciting Women's Group Update!



Following patient feedback, we are pleased to announce the date of our first Women's Group, for all women affected by cancer.

We will meet at Legends Café, John Smith Stadium, Huddersfield on Wednesday 26<sup>th</sup> February, from 2pm till 4pm.

There is plenty of free parking on site, with drinks, cake and fruit provided.

Our February session will be a social with a special guest attending.

Do not feel you have to come alone, you are welcome to bring a female companion, family member or friend. We look forward to meeting you.





## Changes to our service

Please note we are no longer able to process applications for Macmillan Grants. Sadly, Macmillan will no longer be able to provide this service. However, we can still support you with signposting to local and national services that help with finances, including financial planning, pensions, benefit applications (including Personal Independence Payment (PIP)).

From 20<sup>th</sup> February Macmillan will no longer provide the BUPA counselling sessions. Please be assured that psychological support is still available within the trust, with the cancer psychology team. Also local services such as;

- Vita health group: <https://www.vitahealthgroup.co.uk/nhs-services/nhs-mental-health/calderdale/> or contact via phone: 0333 0153 494 - In Calderdale
- Kirklees Talking Therapies: <https://kirklees-talkingtherapies.nhs.uk/> or contact via phone: 01484 343700 - In Kirklees

Both services are a free NHS talking therapy that provides advice and guidance on the best options for you. Both services accept self-referrals for support. For more information, please view the web pages or contact on the number provided above.



## Lights, Camera, ACTION!

Back in December, 2 of our 3 Walking Group Leaders, Sharon and Margaret were joined by Megan from our Communications Team, as she came to make a short video about our fabulous walking group.

The video is now ready. So, if you've ever wondered what the walking group was like or you simply want to pick out some familiar faces, please look at the finished video: <https://www.cht.nhs.uk/services/clinical-services/oncology/cancer-support-groups-information> You'll find it under the Macmillan Walking Group.



**Walking Group:** 6th February 2025, 6th March 2025 at Greenhead Park, Huddersfield. Walkers meet at the conservatory at 10:15am for a 10:30am start. Following a gentle walk, we head for a coffee and catch up. Everyone affected by cancer is welcome to join us, our volunteers will make you feel extremely welcomed. The guided walk is free, however those attending will be required to pay for their own drinks if they wish to have one.

**Men's Cancer Support Group** – is hosted at the Legends café at John Smith Stadium, Huddersfield. Drinks are provided from 2pm for a prompt 2.15pm start. All men affected by cancer either as patients, family members or carers are welcome. Upcoming dates for 2025 are: 27th February and 27th March. Please note this is a free event. With free parking on site.

**Coffee 'N' Chat Group** – Is held at The Watermill Pub, Salterhebble, Halifax on the third Wednesday of the month, 10am – 12pm. The next dates are 19th February 2025. Please note there is plenty of free parking on site, and the venue is on the main 501 bus route for both Halifax and Huddersfield. This is a free event, with drinks provided by Calderdale and Huddersfield NHS Charity

**Bladder Cancer Support Group** – Tuesday 15th April at 10.30 am. – at Briar Court. This is a great opportunity to meet with others and talk about the various aspects of being diagnosed with cancer, and the emotional impact this has on individuals and families. Please call Phil Kelly on 01422 847328 for further details

**Don't forget to ask your Clinical Nurse Specialist about a Holistic Needs Assessment if you haven't already had one or search #CHFT HNA for more information**

MACMILLAN  
CANCER SUPPORT

MY HOLISTIC NEEDS ASSESSMENT

## Contact Us – CHFT Macmillan Information and Support Service



The Jayne Garforth Macmillan Information Centre, Calderdale Royal Hospital (CRH).  
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Please contact us if you no longer wish to receive our newsletter or wish to receive it by post instead – thank you.