

The Waterloo Practice

& The Waterloo Practice Patient Participation Group Newsletter

The doctors and staff at The Waterloo Practice in Huddersfield are proud to offer the highest standard of patient-centred health care. We aim to keep all our patients up to date with surgery information.



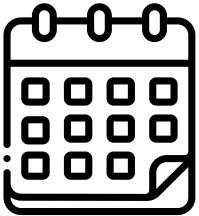
'I was able to see a doctor in less than 24 hours who listened to me, took notice of what I was saying and acted on it'

'Always a very friendly and professional service offered by the nursing staff.'

JUNE - PRIDE AWARENESS MONTH



Created equal, we all deserve rights and respect.



Practice Closure Afternoons

18th July 2023

15th August 2023

7th September 2023

The practice will close at 1pm on the above dates for training purposes and re-open the following morning at 8am.

WE WANT TO HEAR FROM YOU!

The overall aim of the group is to develop a positive and constructive relationship between the patients, the practice and the community it serves.

This ensures the practice remains accountable and responsive to all patients needs.

Patient Participation Groups (PPGs) are groups of active volunteer patients that work in partnership with practice staff and GPs.

REGISTER YOUR INTEREST TODAY

<https://thewaterloopractice.co.uk/patient-participation-group>

Public Health England

#ValueOfVaccines

Holidaying in Europe this summer?

Measles outbreaks are ongoing in England and also parts of Europe.

If you or family members haven't had **two MMR immunisations** in the past, you could be at risk

Check your child's Red Book and contact your GP prior to travel if you're not up-to-date

Register for Online Services

Our online services allow you to:

- Order medication
- View your medical record
- Access test results and more

More information can be found on our website

<https://thewaterloopractice.co.uk/register-your-interest-for-online-services>



Whatever you do and wherever you go this Summer, Take care in the sun. Cover up, Stay hydrated and use plenty of sunscreen.

The Waterloo Practice

Alcohol Awareness Week

3rd - 9th July 2023

Alcohol
Awareness
Week

Alcohol Awareness Week is a chance for the UK to get thinking about drinking. It's a week of awareness-raising, campaigning for change, and more. The theme for Alcohol Awareness Week 2023 is 'Alcohol and cost'.

We can all take steps to make a change. And with improved support and prevention, we can save money and save lives.

Carers Count July 2023 Carers Groups Calendar

Please note that Group dates and times of face to face may be subject to change.
Call 0300 012 0231 to book a place as limited spaces available.

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00 - 15:00 MH Drop In at Empire House 18:30 - 20:00 Evening Coffee and Chat Starbuck Leeds Road Huddersfield	4 11:00 - 12:30 Meditation Group 11:00 - 13:00 Sizzle n Chat Howland's Centre Dewsbury	5 12:00 - 16:00 Arts and Craft Group Eden's Forest 13:30 - 15:30 Mental Health Together Group (for Carers and Carers for) 5th Floor Empire House Dewsbury	6 17:00 - 18:30 North Kirklees After Carers The Crescent	7 11:00 - 12:00 Tai Chi Brian Jackson House
10 10:30 - 12:00 Morning Coffee and Chat Brian Jackson House	11 11:00 - 12:30 Meditation Group 13:00 - 15:00 Ladies Pamper Day Empire House	12 10:30 - 12:00 Clickheaton Coffee and Chat The Surf Shack 16:00 - 18:00 Men's Group 5th Floor Empire House Dewsbury	13 14:00 - 17:00 Mental Health Carers Wellbeing Group Eden's Forest	14 11:00 - 12:00 Tai Chi Brian Jackson House
17 10:30 - 12:00 Batley Coffee and Chat The Crescent 18:00 - 21:00 Evening Barge Trip Shepley Bridge Marina, Mirfield	18 11:00 - 12:30 Meditation Group 14:00 - 17:00 Sizzle n Chat Eden's Forest Trip 13:30 - 15:00 Birkby Himmat Group @ Library	19 13:00 - 16:00 Huddersfield Art Group Brian Jackson House 13:30 - 15:30 Mental Health Together Group The Mission Huddersfield After Carers Trip Eden's Forest	20 10:00 - 12:00 Carers Get Together Group Batley Community Centre (Green Room), Upper Commercial Street, Batley, WF17 5DH	21 11:00 - 12:00 Tai Chi Brian Jackson House
24 10:00 - 12:00 Birstall Get Together Group 13:00 - 14:30 Tackling Loneliness Afternoon Coffee and Chat Lawrence Batley Theatre	25 11:00 - 12:30 Meditation Group 17:30 - 19:00 CLEAN Meditation Session Brian Jackson House	26 12:00 - 15:00 Himmat Group 5th Floor Empire House Dewsbury 13:00 - 15:00 Men's Group Brian Jackson House Cafe (Hudds) 13:00 - 14:30 After Carers Group Brian Jackson House	27 11:00 - 12:30 First Aid Workshop 5th Floor, Empire House, Wakefield Old Rd, WF12 8DL Young Adult Carers Group Eden's Forest Trip	28 11:00 - 12:00 Tai Chi Brian Jackson House

World Breastfeeding Week

1st - 7th August 2023

WABA coordinates the Global World Breastfeeding Week (WBW) campaign that aims to inform, anchor, engage and galvanize action on breastfeeding and related issues.



PATCHS is now available for patients to submit clinical and admin requests to Waterloo Surgery to replace the E-Consult service.

Patients answer a few simple free text questions, covering the details of their request and any ideas, concerns, and expectations they may have.

This enables the GP practice to quickly and safely understand how best to respond.



NHS Talking
Therapies can help

Mental
health
matters
Help us
help you

Self-Referral Services

SPRING NON ATTENDANCES

During March, April and May we had **197** patients who did not attend their appointments.

If you are unable to attend a pre-booked appointment, please **CANCEL** so that we have availability for others.

- Kirklees Improving Access to Psychological Therapies (IAPT) **01484 343700**
- Locala - Single Point Of Contact (SPOC) **0300 304 5555**
- Gateway to Care **0300 304 5555**